SHIRIN LAOR-RAZ
SALEMNIA

presents

Success in the Technology Industry=
Amazing Skills and a Healthy Lifestyle

WHIZ GIRLS™

PLAY WERKS
GREW UP AS A GAMER
DID YOU KNOW...

STEM Careers
GAMIFICATION

The Oregon Trail

You may:
1. Travel the trail
2. Learn about the trail
3. See the Oregon Top Ten
4. Turn sound off
5. Choose Management Options
6. End

What is your choice? _
Have you ever had a really big secret?
DREAM BIG
BUT....BE CAREFUL
WHAT YOU WISH FOR!
START WITH WHY
HOW GREAT LEADERS INSPIRE EVERYONE TO TAKE ACTION

PURPOSE AND WHY?
GIVE BACK: 2 BIG WORDS THAT STARTED THE QUEST/JOURNEY

Deepak Chopra’s
The Seven Spiritual Laws of Success
ANY TIME YOU HAVE AN OPPORTUNITY TO MAKE A DIFFERENCE IN THIS WORLD AND YOU DONT, THEN YOU ARE WASTING YOUR TIME ON EARTH.

DIFFERENCE IN THIS WORLD AND YOU DON'T

Roberto Clemente
WHO IS GOING TO FILL THE VOID?

Healthy Life
NEXT EXIT
At computer class, Barbie presents the game she designed. Ms. Smith is so impressed that she gives Barbie extra credit!

Barbie's terrific computer skills have saved the day for both sisters!

"I guess I can be a computer engineer!" says Barbie happily.
CHILDHOOD OBESITY

Childhood obesity is a complex issue.

- We've dropped the ball on P.E.
- 1 in 4 kids is overweight or obese.
- 1 in 3 kids eats fast food every day.
- 1 in 5 kids has limited access to healthy food.
- Only 13% of kids walk or bike to school.
- $1.6 billion spent advertising junk food to kids.
- Too much soda in kids meals.
- What's in school lunch?
- Poverty & obesity have a lot in common.
QUALITY OF LIFE

- Health
- Work
- Financial material wellbeing
- Belonging
- Personal safety
- Quality of environment
- Emotional wellbeing
- Social relationships
ACTIVE KIDS LEARN BETTER

active kids learn better
physical activity at school is a win-win for students and teachers

GRADERS:

20% more likely to earn an A in math or English

STANDARDIZED TEST SCORES:

increased 6% over 3 years

JUST ONE PHYSICALLY ACTIVE LESSON CREATES:

13% increase in students’ physical activity for the week

21% decrease in teachers’ time managing behavior

physically active kids have more active brains

BRAIN SCANS OF STUDENTS TAKING A TEST:

after 20 minutes of sitting quietly

after 20 minutes of walking

MORE RESULTS:

after 20 minutes of physical activity:
students tested better in reading, spelling & math and were more likely to read above their grade level

after being in a physically active afterschool program for 9 months:
memory tasks improved 15%

Learn more about why active kids learn better and how schools can help at activelivingresearch.org/activeeducationbrief.
WHIZGIRLS
ACADEMY.COM WAS BORN

PROGRAMS:
• LIBRARIES/WORKSHOPS
• SUMMER CAMP
• AFTERSCHOOL/DURING SCHOOL
• HACKATHONS
• TEACHER TRAININGS
"If every 8 year old in the world is taught meditation, we will eliminate violence from the world within one generation."

~Dalai Lama
FOSTERING ENTREPRENEURS

8 ENTREPRENEURIAL SKILLS YOU SHOULD TEACH YOUR KIDS

As parents, we want to give our kids the best lives possible – teaching them the skills they’ll need to be successful in all of their ventures.

The entrepreneurial mindset treats life’s hurdles as challenges to overcome, and fostering these skills early on will pay dividends in the years to come.
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<th>Smaller plates for kids</th>
<th>Eat Colorfully</th>
<th>Whole grains</th>
<th>Eat Colorfully</th>
<th>A Day</th>
<th>Fruit</th>
<th>Snack</th>
<th>Fruit</th>
<th>Whole grains</th>
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**LET'S MOVE**

Healthier Eating for Healthier Families

We believe that every kid has the right to a healthy childhood. We can't let this be the first generation in our history to be less healthy than their parents. All we need is to choose nutritious food and be more active. Let's Move isn't just another fad. It's a movement. It's our responsibility.
DYNAMIC CODERS

Looking 4 Technical Co-Founder

Twitter: @willmiceli

Programmer
I'm Kind Of A Big Deal
COLORADO IS THE MOST ACTIVE STATE in the nation!

6,697 Coloradans participated in LiveWell Colorado's Get Movin' Challenge in May, which encouraged them to commit to 30 minutes of physical activity a day.

Challengers Logged

7.9 MILLION MINUTES of physical activity in May, THAT'S EQUIVALENT TO 15 YEARS WORTH OF CONTINUOUS MOVING!

249,178 MILES equivalent to 10X AROUND THE GLOBE

Most Popular Activities

1. WALK
2. RUN
3. GYM WORKOUT
4. BIKE
1,000,000 more jobs than students by 2020

$500 billion opportunity

1.4 million computing jobs

400,000 computer science students

Computer science is a top paying college degree and computer programming jobs are growing at 2X the national average.
SUSTAINABLE DEVELOPMENT GOALS - UN

1. No Poverty
2. Zero Hunger
3. Good Health and Well-being
4. Quality Education
5. Gender Equality
6. Clean Water and Sanitation
7. Affordable and Clean Energy
8. Decent Work and Economic Growth
9. Industry, Innovation and Infrastructure
10. Reduced Inequalities
11. Sustainable Cities and Communities
12. Responsible Consumption and Production
13. Climate Action
14. Life Below Water
15. Life on Land
16. Peace, Justice and Strong Institutions
17. Partnerships for the Goals
CURRENT CTO OF WHITE HOUSE


- MEGAN SMITH
HEALTHY HACKATHONS...
LA CITY
PIONEER WOMAN OF THE YEAR 2015
“BE THE CHANGE”

Be the change you want to see in the world. - Gandhi
THANK YOU!!!

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